

Blue Springs South High School Summer Weights 2022



Who: All males entering Grades 9-12 this fall
When: 7:00-8:30 am Incoming 9th graders
9:00-10:30 am 10th-12th OL/DL players
10:00-11:30 am 10th-12th Skill players
11:00-12:00pm 7th/8th graders weights camp
Date: Every Mon. Tues & Thurs--- June 6th-July 28th (closed week of 4th)
Where: Blue Springs South High School
Cost: N/A
Attire: Athletic shorts, t-shirt and tennis shoes (No purple)
Questions: awilmes@bssd.net or bostonhiggins68@gmail.com

Scan the QR code to sign up for your session. If you don't sign up you will not have a spot for weights



SCAN ME

